

Nov 15 - Dec 1
2018

Journey to THAILAND

A Thai Yoga Bodywork Training & Yoga Experience in Chiang Mai
with Tanya Boigenzahn, RTT, E-RYT, AYS, CHTP, C-IAYT & Reiki Master

Contact & Registration Form

Date: ___/___/___

Contact Info

First Name _____ Last Name _____
Email _____ Phone _____
Address _____ Birthdate ___/___/___
City _____ State _____ Zip _____ Country _____

Travel

Passport Country _____
Passport Number _____
Airline _____
Arrival Time _____
Flight Number _____

- Please meet up with me at the airport.
- I will meet the group at our hotel in Bangkok.
- I will meet the group at our hotel in Chiang Mai.

- I will send the above travel details by 10/1/18

Lodging

- Single Occupancy Double Occupancy

- Requested roommate _____
- Find me a roommate

Gender Male Female

Note: All of the above details are required before the start of the retreat, however, if you don't yet have your travel details yet, please send them by 10/1/18 .

Health and Safety

Emergency Contact Info

Name _____
Phone 1 _____
Doctor _____
Phone _____

Known Allergies (food, drugs, insect bites etc.) _____

Please list any medications you are currently taking as well as any injuries or illnesses you are working with.

How did you hear about this trip? _____

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Cancellation & Registration Policies

In the event of your cancellation:

- 60+ days prior to the retreat date (September 15, 2018 or sooner): Entire payment will be refunded, less the non-refundable deposits.
- 30-59 days prior to the retreat date (September 16, 2018 - October 15, 2018): Payments are not refundable, but are transferable (less the non-refundable deposits) to Devanadi Yoga/Thai Yoga Bodywork or retreat credit within 2 years.
- 0-29 days prior to the retreat date (after October 16, 2018): All payments are not refundable and not transferable.

In the event of cancellation by Tanya Boigenzahn/Thai Yoga Bodywork

- In the event of cancellation by Tanya Boigenzahn/Thai Yoga Bodywork, you will be refunded your entire payment
- Please confirm that the retreat has reached minimum capacity before purchasing your airline tickets, if required.
- Finalization/cancellation of retreat may occur up to 30 days prior to retreat.

I understand that there are no refunds if I choose to cancel, change or opt out of any part of my trip based on the cancellation policy above. I understand any changes to my hotel and/or training choices on the following pages must be requested by 10/1/18, are limited based on availability and must be paid for immediately if there are any additional costs.

____ I agree to the above terms (please initial)

Waivers & Release

Thai Yoga Bodywork/Thai Massage, Treatments, and Other Activities Waiver

I agree that I am solely responsible for my own health and safety at all times during the 2019 Journey to Thailand Retreat with Tanya Boigenzahn. Neither the facilitators nor Tanya Boigenzahn, their employees, nor any of Tanya's guest teachers or assistants, shall be held liable for any injury related to this Retreat. I agree to assume all risks associated with the program in any and all way. Furthermore, I also agree to inform the appropriate person(s) of any movements, activities that I feel may injure me and I will not perform any activity or movement, or engage in any treatment which I feel is likely to cause me to injure myself. I will inform the teachers, therapists, practitioners and/or assistants of any limitations or medical conditions that may affect my practice. I agree to treat my body with patience, compassion and respect during my practice.

I understand I can stop and rest anytime. My signature indicates that I release Tanya Boigenzahn, her assistants, guest teachers, from all liability for any injuries sustained as a result of my participation.

____ I agree to the above terms (please initial)

Retreat Participant Agreement

Release/Responsibility

The participant, by signing this agreement, agrees that the Retreat Organizers (Tanya Boigenzahn), Devanadi Yoga, Thai Yoga Bodywork LLC, guest teachers, Sri Pat Guesthouse and their respective representatives, will not be held liable for any injury, damage, loss, delay or irregularity that may be occasioned for any reason, including, but not limited to any defect in a vehicle, the acts or default of any company or person engaged in conveying a participant, acts of God, terrorism, acts of war, or detention; delays or expenses arising from quarantine, strikes, thefts, pilferage, force of nature, civil disturbance, government restrictions or regulations, accidents by aircraft, boat, rowboat, train, bus, motor vehicle of kind, auto tuk tuk or bicycle tuk tuk, or in any restaurant, place of visit or accommodation; failure of any means of transportation to arrive or depart as scheduled or changes to transit; missed airline or other transportation connections; or additional expenses resulting from changes in exchange rates, tariffs, or itinerary. The participant understands the risks of international travel politically and healthwise, and agrees to consult a health care provider/Travel Nurse regarding travel plans.

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The participant agrees to assume all risks associated with the Retreat and agrees that no liability will attach to the Retreat Organizer and guesthouse, their employees or agents, or to any member of the trip in respect of death, personal injury, illness or delay of the passenger, or for any loss of or damage to the property (including luggage) of the participant during the course of the Retreat, howsoever caused. By signing this Retreat Participation Agreement, the participant releases the Retreat Organizer as well as the guesthouse and their representatives from any such responsibility or liability, except as herein above set forth. The liability of common carriers is generally limited and, therefore, it is suggested that participants purchase their own cancellation, property damage (including luggage), and accident insurance. For the benefit of everyone on your trip, the Retreat Organizer reserves the right to accept or reject any trip participant at any time without liability, and in the event it determines, in its sole and exclusive discretion, that a participant is disruptive to the harmony of the Retreat, it may without any obligation to pay a refund or any other amount whatsoever, expel such participant from the Retreat. The Retreat Organizer will have no responsibility or liability for any participant who leaves the Retreat prior to its conclusion or for any activity undertaken by any participant that is not included on the Retreat Itinerary.

Journey to Thailand Retreat Package Includes:

Nov 17-30: 14 days, 13 nights lodging at Sri Pat Guesthouse in Chiang Mai (all rooms with AC, free Wi-Fi, breakfast NOT included)

Nov 16-17: 1 night lodging at Novotel Hotel at the Bangkok airport (all rooms with AC, breakfast included)

Includes Thailand domestic flights: from BKK-CNX and CNX-BKK

International airfare NOT included

Yoga and meditation sessions with Tanya Boigenzahn and/or guest teachers on scheduled days

Guided tour of organic Thai farm and full day Thai cooking class

Evening trip to one of the local temples for a Monk Chat - transportation to/from included

Thanksgiving meal for the group included + 1 beverage

Guided walk and ritual to the river for the Loi Krathong annual lantern festival

Complimentary transfer to/from Chiang Mai International Airport and Sri Pat Guesthouse

Hotel lodging evening of Nov 30 in Bangkok NOT included, but can be added at an additional cost

Optional trip to Pai, Northern Thailand Mini-Retreat Package Includes:

Nov 23-25: 3 days, 2 nights lodging at 4-star luxury hotel in Pai (all rooms with AC, free Wi-Fi and breakfast)

Shuttle transportation to/from Chiang Mai to Pai

Pool-side Yoga and meditation sessions with guest teacher

Guided walk and ritual for the Loi Krathong annual lantern festival

Guided day trip to waterfalls, hot springs, etc on Saturday

Surprise led class on Sunday after hotel check out

Conduct:

It is Tanya Boigenzahn/Thai Yoga Bodywork responsibility to ensure that all participants have a safe and positive travel experience. Guests are expected to behave in an orderly and socially acceptable manner during the event. Tanya Boigenzahn/Thai Yoga Bodywork and its organizers reserve the right to remove any guest from the event if they behave in a manner unreasonable or disruptive towards the well being of other guests, Tanya Boigenzahn's/Thai Yoga Bodywork staff, the staff of our partner venues, or any person related or unrelated to the implementation of the event.

Retreat cost does not include:

Roundtrip international airfare to/from Thailand, Thai Massage or other bodywork treatments or training during free time, tips, alcoholic beverages, any food or drink not included in package, passports or visas, any items of a personal nature or any other expenses other than those expressly described in the brochure and above, meals during travel days, overweight baggage charges, hotel and travel incidentals, shopping, etc

____ I agree to the above terms (please initial)

By signing below, I verify that I have read, understand, and agree to all the terms above.

Printed Name: _____

Date: ____/____/____

Signature: _____

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Payment Details

Please tally up your total and send your payment with this registration form. A **\$500 non-refundable deposit will hold your spot**, but payment in full is required by 7/15/18 to receive early bird pricing. Payments made after 7/15/18 must be made in full as costs go up significantly closer to our departure date. All prices are in US dollars and all payments must be made in US Dollars.

Prices (\$US) - Prices below are PER PERSON	Total (\$USD)
Basic Package: Early Bird Special (Before 7/15/18) Late Registration (After 7/15/18) <input type="checkbox"/> \$2000 Standard Room - Double (2 twins) <input type="checkbox"/> \$2250 <input type="checkbox"/> \$2350 Standard Room - Single* (King) <input type="checkbox"/> \$2600 <input type="checkbox"/> \$2250 Deluxe Room - Double (King) <input type="checkbox"/> \$2500 <input type="checkbox"/> \$2750 Deluxe Room - Single (King) <input type="checkbox"/> \$3000 <i>* - shared room 1st night in Bangkok – upgrade to single for additional cost - see below</i>	\$ _____
Options Week 1 - Nov 19-23: <input type="checkbox"/> \$0 - Experienced Thai Massage Training w/Pichest - 5 days, 9-4pm daily <input type="checkbox"/> Add \$175 - Chi Nei Tsang - Abdominal Chi Massage Course - 5 days, 9-1pm daily <input type="checkbox"/> \$0 - Yoga/Sightseeing - 2 planned excursions with the group + daily yoga/meditation	\$ _____
Options Week 2 - Nov 26-30: <input type="checkbox"/> \$0 - Experienced Thai Training w/Pichest - 5 days, 9-4pm daily <input type="checkbox"/> Add \$40 - Beginners Thai Massage Course - 5 days, 9-4pm daily <input type="checkbox"/> \$0 - Yoga/Sightseeing - 2 planned excursions with the group + daily yoga/meditation	\$ _____
Optional Mini-Retreat to Pai, Northern Thailand - Nov 23-25: <input type="checkbox"/> Add \$275 - before 7/15/18 - Double (2 twins) - includes \$50 non-refundable deposit <input type="checkbox"/> Add \$300 - after 7/15/18 - Double (2 twins) - includes \$50 non-refundable deposit	\$ _____
Accommodation Upgrades & Add-Ons: <input type="checkbox"/> Nov 16 - Add \$130 for Standard Single Upgrade in Bangkok 1st night + Consider having us book a night the eve of Nov 30-Dec 1 in Bangkok if you are flying out of Bangkok Dec 1 at 4am or earlier. <input type="checkbox"/> Nov 30 - Add \$130 for Double Room Accommodation in Bangkok <input type="checkbox"/> Nov 30 - Add \$260 for Single Room Accommodation in Bangkok	\$ _____ \$ _____
Subtotal	\$ _____
_____ Payment in Full or _____ \$500 non-refundable deposit	\$ _____
BALANCE DUE	\$ _____

Payments

Please indicate the type of payment:

_____ Credit Card - select one: _____ Email you a link to pay online _____ Run my CC on file
 _____ Check _____ Cash

Please send this FULL application along with your payment to: Tanya Boigenzahn - 2711 W. 44th St., MPLS, MN 55410, USA

For Check/Cash payments you will receive a FREE Essential Oil Travel Kit (Good Samaritan & Oregano) valued at \$25!